Now there has been a serious complaint about my programme notes. Birch has stated that they are a bit boring and need sexing up a bit. So purely for Birch I have inserted a picture of Jordan, I hope I got the right one!

Well, sad to be out of the League Cup, but I have to say I enjoyed the baggies fans rendition of "The Lords my Shepherd" on Tuesday night. Good effort, and 4,000 invites will be going out to West Bromwich to come to our Carol service later this year – or maybe not.

It did though, get me thinking of all the chants that are essentially hymns. Of course we are familiar with 'Abide with me' and 'When the Saints Go Marching in'. But actually there are a number of footie songs that are nicked from your good old traditional hymns. For example 'We can see you sneaking out!' or 'Can we play you every week' is actually to the tune of 'Bread of Heaven'. The most unique chant ever to this tune, I believe was sung by the Wrexham fans: 'Are you Llanfairpwllgwyngyllgogerychwryndrobwllllantysiliogogogoch in disguise!" Can't see the L1 boys adopting that one.

When playing for Ipswich ex-fox Jamie Scowcroft was taunted by Colchester fans to the tune of 'He's Got the Whole World in his Hands' with 'He's got his IQ on his shirt!' A bit harsh on Jamie who wore the number 8 shirt.

But my personal favourite, from Rangers fans to a certain Celtic player, was as follows;

'All things bright and beautiful, All creatures great and small, All things wise and wonderful, John Hartson ate them all!'

So if the L1 or Fosse boys need inspiration for some original chants, maybe you should pop along to church, and get some new tunes. See you all on Sunday!

Be loud, encourage the guys whatever. C'mon you foxes.